

Biography

Mónica has a long career as an actress in movies, television and theater. In movies we could see her in **"Mujeres a flor de piel"; "Oh Love"; "Die, my dear"; "Two tickets"; "7 steps and a half"**... and also in television, where she has taken part in numerous series and programs, both in Madrid and in Barcelona.

Some of her different outstanding works have been in **"Jacinto Durante, agent"; "A pacifier for her"; "Essence of Power"; "Obsession"; "Slaps with life";...**

In the series **"Hotel Royal Manzanares"**, together with Lina Morgan, she reached a high popularity between the public. Also, she has been a leading presenter of programs both at the local Catalan television and in the national television shows such as **"Summer nights"; "The Cambiazo"; "Summer madnesses"; "Let's go shopping"...**

In theater, she has toured throughout the Spanish territory, doing the theater show **"I hate Hamlet"**, directed by Denis Rafter, and **"Lauren's call"**, directed by Aitana Galan, where she builds her character from tenderness, with strength and emotion.

After spending a few years away from her profession for family reasons, she becomes harder presenting a late-night game in Antena 3TV **"And it's my turn to win"**.

In 2014, she began her new facet as a writer and she joined at the digital newspaper **Neupic** with a **weekly column of LifeStyle** and her own blog for the **magazine Love** where through their own experiences talks about fashion, beauty, travel, food, culture, etc...

In 2016, she retakes the acting playing a role in the **"Medical center"** series in TVE.

At the end of that year, she presented her first novel **"You are not alone"** with the Planet publishing house getting her first success as a writer.

In mid-2019, she expands borders and moves to Mexico where she collaborates in a role for the movie **"War of Likes"** directed by María Ripoll for Sony Pictures Mexico.

Also there, in Mexico, she has also collaborated on the second season of the successful series **"Luis Miguel, the series"**, for Netflix.

She has also worked in the following telenovelas on the well-known Mexican network "Televisa" in the following soap opera: **"The Mexican and the Güero"**, **"What happens to my family?"**, **"This story sounds familiar to me"**, **"The rich also cry"**, **"My fortune is to love you"** and **"My way is to love you"** and also participated in the film **"Mejor viuda que mal compañía"**, directed by Magaby Garcia, for Corazón Films.

In Los Angeles, California, she stars in the short film **"Home Sweet Home"**, directed by filmmaker Jesús Iván Rodríguez, where she has participated in several of the most prestigious festivals such as the **Cannes Film Awards** or the **Berlin Independent Film Festival** and **Tribeca Films Festival**.

Her latest project has been again for the Netflix platform in Latin America, participating in the series **"Office Love"**, for La granja TV, which is scheduled to premiere in October 2025.